GETTING DRESSSED EXERCISE

Let's assume I'm putting on four items of clothes: pants, shirt, shoes and socks. In all the different ways I put on these clothes, which order will minimize the time for me to get dressed?

There are 4x3x2x1 = 24 different orderings.

1. Pants   Shirt   Shoes   Socks
2. Pants   Shirt   Socks   Shoes
3. Pants   Shoes   Socks   Shirt
4. Pants   Shoes   Shirt   Socks
5. Pants   Socks   Shoes   Shirt
6. Pants   Socks   Shirt   Shoes
7. Shirt   Shoes   Socks   Pants
8. Shirt   Shoes   Pants   Socks
9. Shirt   Pants   Shoes   Socks
10. Shirt   Pants   Socks   Shoes
11. Shirt   Socks   Shoes   Pants
12. Shirt   Socks   Pants   Shoes
13. Shoes   Socks   Pants   Shirt
14. Shoes   Socks   Shirt   Pants
15. Shoes   Pants   Shirt   Socks
16. Shoes   Pants   Socks   Shirt
17. Shoes   Shirt   Pants   Socks
18. Shoes   Shirt   Socks   Pants
19. Socks   Pants   Shirt   Shoes
20. Socks   Pants   Shoes   Shirt
21. Socks   Shirt   Pants   Shoes
22. Socks   Shirt   Shoes   Pants
23. Socks   Shoes   Pants   Shirt
24. Socks   Shoes   Shirt   Pants

However, many of these orderings are impractical meaning that they either do not match up with society's standards or are not efficient. Let's eliminate some of those.

1. ~~Pants   Shirt   Shoes   Socks~~
2. Pants   Shirt   Socks   Shoes
3. ~~Pants   Shoes   Socks   Shirt~~
4. ~~Pants   Shoes   Shirt   Socks~~
5. Pants   Socks   Shoes   Shirt
6. Pants   Socks   Shirt   Shoes
7. ~~Shirt   Shoes   Socks   Pants~~
8. ~~Shirt   Shoes   Pants   Socks~~
9. ~~Shirt   Pants   Shoes   Socks~~
10. Shirt   Pants   Socks   Shoes
11. ~~Shirt   Socks   Shoes   Pants~~
12. Shirt   Socks   Pants   Shoes
13. ~~Shoes   Socks   Pants   Shirt~~
14. ~~Shoes   Socks   Shirt   Pants~~
15. ~~Shoes   Pants   Shirt   Socks~~

16. Shoes   Pants   Socks   Shirt
17. Shoes   Shirt   Pants   Socks
18. Shoes   Shirt   Socks   Pants
19. Socks   Pants   Shirt   Shoes
20. Socks   Pants   Shoes   Shirt
21. Socks   Shirt   Pants   Shoes
22. Socks   Shirt   Shoes   Pants
23. Socks   Shoes   Pants   Shirt
24. Socks   Shoes   Shirt   Pants

From the ones left, how do I choose which one is the most efficient? In other words, which one is the optimum?